



## IMPORTANT INFORMATION FROM THE DEPARTMENT OF HEALTH NIUE

STAY HEALTHY. STAY WELL.

For urgent medical attention, contact:

**999** - emergency

**4100 / 4202** - business hours & after hours

**015** - via Telecom

The Emergency Room is located to the left side of the hospital past/through the main carpark.

Fakaalofa lahi atu,

The Department of Health would like to ensure all visitors coming to Niue, enjoy all that is has to offer. Therefore, some key information from the Department of Health.

Niue Ffoo Hospital is the only health provider on the island. The Team is small, therefore, we require the support from the public and visitors to maintain all necessary means to ensure that while you are on holiday, you, and others, remain well. Wash your hands. Wear a mask if you have a cough.

If you are experiencing a persistent cough, flu-like symptoms, and feeling unwell, please **wear a mask** and seek help.

**1.**

Come prepared for the hot season and the terrain of the land. Stay hydrated, Eat well, Wear appropriate footwear, and avoid travelling solo to tourism sites that would be difficult to traverse and could present problems e.g. Togo, Talava Arches. Know your limitations. Where possible, bring your own basic first aid kit.

**2.**

If you have a pre-existing medical condition(s) and are on medications or treatment – know how to manage your condition(s) and you **MUST** bring enough of your own medication / treatment supply to last your stay.

**3.**

As non-residents to the island (visitors), there will be costs associated with Niue Health providing service. Be mindful of this as payment will be asked and expected to be paid at the end of the provision of service. Please be kind to our staff and don't be offended if you are asked to pay for the services