



Niue

Island

Fakaalofa atu! Hello!

Niue is a Pacific Island paradise like no other; one of the smallest countries, and the largest raised coral atoll on earth. Niue is a place where it's normal for complete strangers to wave at each other, all the time. It's a place where nature hasn't been broken... 'the way things used to be'.

If you are an active relaxer looking for unique experiences, then come and enjoy our beautiful island...

Here are our top 10 reasons to visit Niue Island...

- 1. So close to home...** just over a three-hour flight from Auckland flying Air New Zealand.
- 2. The exchange rate...** it's all in NZ dollars, and credit cards/EFTPOS accepted widely.
- 3. Arrive as a visitor and leave as a friend...** With a population of around 1700, you will know half the island in no time.
- 4. The things Niue doesn't have is what makes it so special...** it's safe, no traffic, no queues, and no crowds. You won't find shopping malls or casinos here. The way life used to be; the way life should be!
- 5. Totally unique geography...** Niue is a raised coral atoll, it has caves and coastlines like no other Pacific Island ready for you to explore.
- 6. Gin clear water...** because there is no runoff from rivers and streams, Niue's water is incredibly clear with visibility up to 80 metres, and some of the best snorkelling and scuba diving in the world.
- 7. Unmatched walks...** from virgin rainforest and dramatic caves to rugged coastlines, spectacular views and swimming coves, the well-maintained tracks range from five minutes to a few hours with a unique surprise at the end of each one.
- 8. Once in a lifetime experiences...** Niue is one of the only places in the world you can swim with humpback whales, as well as the local spinner dolphins.
- 9. Fishing heaven...** The fish life is prolific and game fishing takes place just 100 metres from shore.
- 10. There is so much to do...** you won't sit still for long here, with so much to do both in the water and on the land.

What to Pack

Swimsuit, reef shoes, snorkelling gear, light casual clothing, sense of adventure. You can take packaged food to Niue but there is also a well stock supermarket and several small convenience stores for your supplies.





You will be planning your return before you leave.

The whole country of Niue is like 'one resort'

Niue is one island, so everything is at your doorstep without needing to take another flight or long boat ride to find the untouched. Because of this, when you land you are essentially arriving into your very large resort. It's a big place too - 64kms around (which is four times the size of Rarotonga!) so you definitely need a rental car to get you around.

What is there to do?

- **Self-Explore** at your own pace - There are dozens of well maintained tracks to explore – each with a unique surprise at the end. Such as Avaiki Cave, Limu Pools, Avatele Beach, Togo Chasm, Matapa Chasm, Anapala Chasm, Hio, Talava Arches and Utuko Reef to name just a few.
- **Go Snorkelling** – take your snorkel and mask and reef shoes everywhere as different places at different tides offer beautiful coral and marine life. Guided snorkelling tours outside the reef is also a must do.
- **Take a Tour** – there are a good variety of tours to learn about the local traditions, plantations, and key sites.
- **Fishing** – A fisherman's paradise. Several professional charter operators will take you out to catch your fish of a lifetime, such as Tuna, Mahi-mahi, and Wahoo and it's all very close to land due to the deep-water surrounding Niue.
- **Scuba Diving** – Some of the best in the world with up to 80 metre visibility and underwater caves and corals to explore. A very professional dive operation takes daily dives for all skill and experience levels, and they also offer dive training courses.
- **Go hunting** for giant coconut crab (Uga) – one of the last places on the planet you will find these in abundance. Guided tours to hunt for them and you can also enjoy eating this delicacy.
- **Stargaze** – Niue is the world's only Dark Sky Nation and on a clear night you will see why.
- **Try the great food** – a good variety of restaurants are available - from Japanese, woodfired pizza to burger & beer on the beach establishments. Try Niue Honey or Niue Vanilla which is arguably the purest in the world.
- **Swim with Humpback Whales or Spinner Dolphins** – professional guides will get you in the water for a once-in-a-lifetime experience.
- **Go Biking** – there are well signposted bike tracks scattered all over the island and good quality bikes available for hire
- **Absorb the culture** – head to one of the island nights on offer, join a weaving group, head to a village show day, or attend a church service on Sunday.
- **Just relax** – lounge by the pool if you wish, or get a local massage.

Book with your Niue Travel Expert